



# DISASTERSHOCK



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HOW TO COPE WITH THE EMOTIONAL STRESS OF A MAJOR DISASTER



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## OUR MISSION IS TO SHARE RESOURCES ON HOW TO COPE WITH THE EMOTIONAL STRESS OF A MAJOR DISASTER

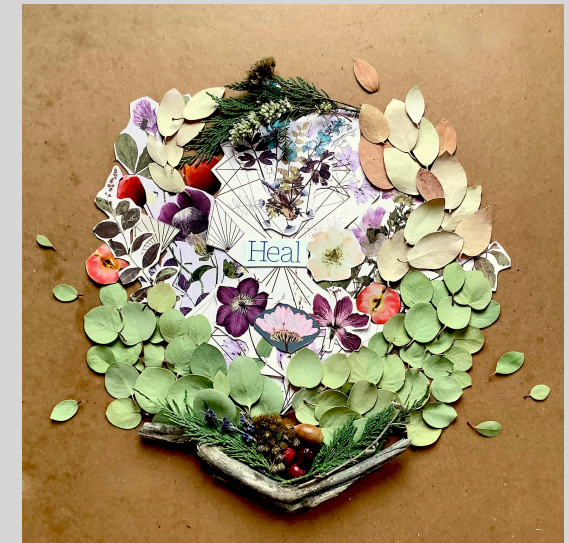
The **Disastershock Global Response Team** is an international humanitarian relief organization dedicated to providing free psychological first aid to children and families affected by disaster-related stress.

We are an all volunteer organization with members from 15 different countries.

Our goal is to provide practical social and emotional healing tools and resources in numerous languages for *all* persons affected. Because children are particularly affected by disaster, we seek effective ways to bring resources to parents and schools so that children can be helped.

### WHAT ELSE DOES OUR GLOBAL RESPONSE TEAM HAVE TO OFFER?

- **Disastershock's Free Manuals:** *How to Cope With the Emotional Stress of a Major Disaster & How Schools Can Cope With the Emotional Stress of a Major Disaster: A Manual for Principals and Teachers*
- **Arts & Recovery Section**
- **Healing Resources**
- **Tip Sheets** (free, downloadable reference guides)
- **Student Ambassador Program**
- **Global Lecture Series**



Visit here for more:

<https://www.disastershock.com>

\*The Disastershock Global Response Team is a Special Interest Group of the Oxford Symposium in School-Based Family Counseling